

# Terahertz Water Experiment Journal Worksheet

Compliments of *terahertzto.com*

Use this worksheet to track and compare results from your terahertz water experiments. Consistency and repeated trials will help determine whether meaningful changes occur. Record both control (untreated) and treated (THz water) results carefully.

## Taste Test & Sensory Evaluation

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

## pH & TDS Measurements

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

## Temperature Tracking

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations
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### Surface Tension (Drop Count)

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

### Plant Growth / Seed Germination

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

### Freezing & Ice Crystal Patterns

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

Evaporation Rate

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

Mood, Energy & Sleep Tracking

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

Skin & Physical Response Observations

Date	Control (Untreated)	Treated (THz Water)	Notes / Observations

Remember: The goal is to create a consistent record of your findings. Look for repeatable patterns across multiple trials rather than single occurrences.